

Key Facts

- People in our community have different roles and responsibilities
- Money comes in different forms and from different sources
- People make different choices about saving and spending money
- Accidents or incidents can have a huge impact and consequences.
- It is not always right to keep secrets if they relate to being safe
- It is important to seek help or advice if a relationship is making you feel unsafe or unhappy
- In school and in wider society, you can expect to be treated with respect by others, and in turn, you should show due respect to others, including those in positions of authority
- It is important to understand how to report concerns or abuse
- There are different types of abuse: physical, emotional and technological. Each of these have sub-categories.
- When you go through puberty, you will experience physical and emotional changes. Boys and girls undergo different changes during puberty.
- There is advice available and steps we can take to support menstrual wellbeing.
- There are basic concepts of first aid and how to deal with common injuries. There are simple ways to help someone with bleeding and with a head injury.
- It is important to know how to make a clear and efficient call to emergency services, if necessary.

St John Ambulance

How to treat severe bleeding



Next Stop, Puberty!



St John Ambulance

How to help someone with a head injury



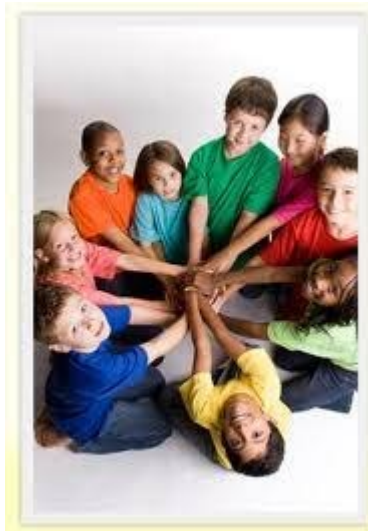
PSHE

Year 5

Summer

Term:

Living in the wider world



Vocabulary

Word	Definition
Online bullying	Bullying which takes place over digital devices, such as phones, tab-
Incident	An event or occurrence
Appropriate	Something that is right for you
Puberty	The time in life when a boy or girl becomes sexually mature .
Mental health	Includes our emotional, psychological, and social wellbeing, it affects
Bullying	A repressed aggressive or unkind behaviour.
Private parts	A person's genitals
Risk	Situation involving exposure to danger
Abuse	Any form of maltreatment