

You will learn that...

- There are practical steps you can take to improve or support people around you and there may be occasions where you need to make call to emergency services.
- Medicine can help you feel better when you are sick, but it must be given by an adult. Some medicine is not safe for humans.
- There are things that people can put into their body or on their skin which can affect how people feel.
- There are people who help us to stay healthy, such as doctors and nurses who give medicines (including vaccinations and immunisations and those that support allergic reactions) that help us stay healthy
- There are some parts of the body which are private but by knowing the TALK PANTS rules children can keep safe.
- Learning about road and rail safety is essential because being equipped with the knowledge and skills to keep as safe as possible on and around roads and railways.
- It is important to keep safe in the sun. Safe and unsafe exposure to the sun, can reduce the risk of sun damage and knowing how to protect our skin from damage is needed when outdoors.

Accidents



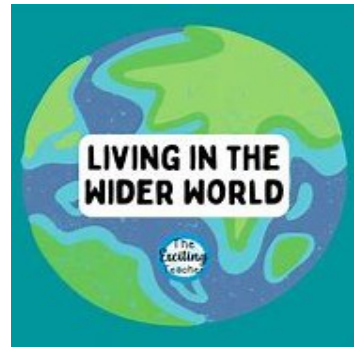
Medicines



PSHE

Year 1

Summer 1



The following UNICEF Conventions on the rights of the child link to this topic:

- **Article 19:** Children have the right to be protected from being hurt or badly treated. Laws are in place to protect children from violence, abuse and neglect from adults.
- **Article 24:** Children have the right to have the right to be as healthy as possible. Adults should make sure children can get good quality health care.

Core Vocabulary

Word	Definition
Accident	Something that is unplanned, that happens by chance and is often negative.
Responsibility	Something you are expected to do.
Medicines	A tablet or liquid that you take to feel better when you are ill.
Harmful	Something likely to cause damage
Rules	A guide for how people should behave that promotes safety.
Road	A long, hard surface built for vehi-
Care	Providing what that person/
Living things	Something /one that is alive
Protection	Being kept safe from injury, damage, or loss.
UV Rays	Ultraviolet radiation, often called black light from the sun, is invisible to the human eye that can