

### You will know

- I have my own physical appearance (how I look), personality, likes and dislikes.
- We all have special people who care for us and we care for them in return. We show that we care in different ways.
- Families are groups of people who love and care for each other, spend time together, listen to each other and help each other
- Families can be different but they are equal.
- My friends might look different to me or like different things, but we have lots of things that are the same.
- Good friends are gentle, helpful, share with each other and take turns.
- We must care about each other and listen to each other or we can become sad and lonely.
- There are good and bad things about using technology. We should always be kind online and tell an adult if we are worried.
- I should ask someone for permission before I touch them or borrow something. I can say no when someone asks me for permission.

How can I show my friends and family that I care about



## PSHE

### Year 1

## Autumn Term

## Relationships

### Vocabulary

Word	Definition
Unique	The only one of its type.
Relationship	A connection between people.
Personality	The qualities of person.
Bullying	To frighten, hurt or be unkind to someone over and over again.
Protect	To keep someone safe.
Online	When you learn, play a game or watch some through an internet connected device e.g. phone, tablet, laptop, TV.

UN Rights of the Child



British Values



Mutual respect

- Treat each other the way you would like to be treated.
- Respect each other.

Protected Characteristic



May I borrow your..., please?



Who can I talk to if I am worried about friendships or something I have seen online?