



To compare the
character's
experiences to
your own

Week 4 Monday



Starter

- Identify the **feelings and emotions** in these sentences:
- I hate it here!
- Hot tears sat in my eyes as I worked and my heart beat in my chest.
- Thankfully, I had time this evening to sit by the river. I love it there. The cool breeze and gentle rushing of the water makes me feel safe.
- I danced and sang to my animal friends again. They can always cheer me up.



Starter

Check your list.

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Egyptian Cinderella

- Last week you wrote a diary entry as Rhodopis.
 - What feelings and emotions did you share?
- This week we're going to write a personal response to Rhodopis.
- We will be sharing our opinion, beliefs and experiences with reference to specific events from the story. We will use emotive language for expression.



Understanding Emotions

- What were the different emotions that Rhodophis shared in her diary entry?
- Have you ever felt those emotions? When? Where?



Understanding Emotions

Let us take a look at this example diary entry from last week.
Make a list of all the emotions shared.

Dear diary,

I hate it here! Every day is the same. I work from dawn to dusk in the sweltering heat, but it's never good enough. Today, the other girls sent me running all over to do their task and mine. I could hear their cruel laughter like gulls cries ringing in my ears. Hot tears sat in my eyes as I worked and my heart beat in my chest. I don't dare show them how much they upset me because it will only make them worse.

Thankfully, I had time this evening to sit by the river. I love it there. The cool breeze and gentle rushing of the water makes me feel safe. I danced and sang to my animal friends again. They can always cheer me up.



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Thankfully, I had time this evening to sit by the river. I **love** it there. The cool breeze and gentle rushing of the water makes me **feel safe**. I danced and sang to my animal friends again. **They can always cheer me up.**

Your task:

You have read about Rhodopis and listed all the feelings and emotions. Now compare her experiences with yours and write a few sentences about them.



- Think about the time when you have felt any of these emotions and why. Write about that time in your book.
- Have you ever hated being somewhere? Where? When? Why?
- Have you ever felt that you tried your best but it was never good enough?
- Were you ever laughed at and felt sad? When and why?
- Has someone's behaviour ever made you cry? When and why?
- Have you ever loved being somewhere and felt safe there? Why?
- Have you ever been thankful for something or someone? Why?
- Is there anything or anyone that always cheers you up?



Understanding Emotions

I will share an example with you.

- When I was at school, I **hated** being the tallest girl there. Everyone used to stare at me **strangely** as if I don't belong to that place. No one would play with me, instead, they **made fun of** my height and called me all sorts of **funny names**. I had **tears in my eyes** but I could never show them to anyone as it would make me look **weak** and they would tease me more.
- **Thankfully**, the school started this activity club during the break and lunch times where I could go and play games, read books, make friends and learn so many different sports. **I felt safe and motivated**. I **loved** playing basketball. The teams were made of all age groups and playing with all of them **cheered me up**.