

Keeping Safe on Public Transport

Stay alert

We can all help control coronavirus if we all stay alert. This means:

- stay at home as much as possible
- work from home if you can
- limit contact with other people
- keep your distance if you go out (2 metres apart where possible)
- wash your hands regularly

Self-isolate if you or anyone in your household has symptoms.



WALK

OR

CYCLE

WHENEVER YOU CAN

WALK

OR

WHENEVER

Scenario 1

Adin lives near Asda in Wembley Park. He usually takes the 245 to schools which take 10 minutes. It would take him 30 minutes to walk to school. What should he do?

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Although it would mean 30 minute walk to and from school, this is an acceptable distance and would not put Adin or his family at risk by having to travel on public transport.

Scenario 2

Leila lives near Neasden temple, she usually gets the 206 to schools, this takes 29 minutes. If she walked it would take her 48 minutes. What should she do?

Scenario 2

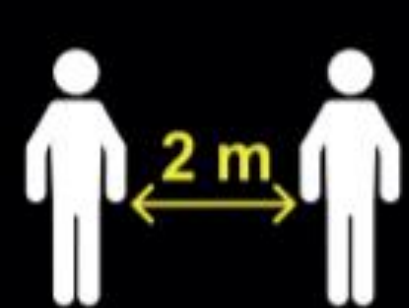
Leila lives near Neasden temple, she usually gets the 206 to schools, this takes 29 minutes. If she walked it would take her 48 minutes. What should she do?

In this instance the best thing for Leila to do would be to get the bus to school, 48 minutes is a long walk and would be very tiring doing every day. However there are rules she should follow in order to stay safe. We will look at them in a minute.

Our advice:

If you can walk or cycle (safely) to school. If you live nearby (up to about a 30 minute walk away) then please do walk.

If you live too far to walk such as places as Neasden, Willesden etc. then if you take public transport, please do it safely following the measures on the next slide.



Maintain 2 metre
distance where
possible



Use a face covering,
if you can, when you
will be close to others



Use contactless
payment where
possible



Be patient and
follow instructions
from transport staff



Wash or sanitise
your hands as
frequently as possible

Travelling safely

- When travelling, you should:
- Wear a face covering
- Keep 2 metres apart from others where possible
- Wash your hands before and after your journey
- Carry a hand sanitiser or use sanitiser points at stations that are being installed over the coming weeks
- Use contactless or Oyster to pay for your travel
- Avoid touching things such as doors, polls etc (obviously if you need to hold on for balance please do so)

When on public transport:

If you are in close proximity to people outside your household, you should:

- avoid physical contact
- try to face away from them
- keep the time you spend close to them as short as possible

Checklists for safer travel

Plan your journey

- can I walk or cycle to my destination?
- have I checked the latest travel advice from my transport operator?
- have I booked my travel ticket online, bought a pass or checked if contactless payment is possible?
- have I planned my journey to minimise crowded areas and allow for delays?
- am I taking the most direct route to my destination?

What to take with you

- a plan for my journey
- contactless payment card or pass
- phone (if needed for travel updates, tickets, contactless payments)
- hand sanitiser
- essential medicines
- tissues
- a face covering, if required