

LO: To demonstrate good hygiene

Success Criteria

Wash hands regularly

Keep 2M apart - why?

Respiratory etiquette (sneezing, coughing)

Do not touch face



Washing hands

1. Wash for at least 20 seconds with soap and warm water
2. Dry hands in towel provided and dispose of towel/tissue sensibly



How to wash your hands



Door Handles and Toilets

- Toilets are marked 6W, 6P, 6S, 6F. Toilets on the left are 6W and 6S and Toilets on the right are for 6P and 6F. To get to the toilet go out the main classroom door and enter via the cloakroom.
- When you leave the toilet, use the hand towel to dry – not the dryer these are switched off. Then use the towel to open the door handle before depositing this in the bin in the cloakroom.
- There can only be one person at a time in the toilets, before entering the cloakroom stand back from the door and look to see if anyone is in there, if someone is then please return back to class and check again later. If someone enters the cloakroom while you are in there, please ask them politely to leave so you can exit.

Door Handles and Toilets

- All doors should be open, classroom door and cloakroom door, there should be no need to touch these at any point. If you do, immediately wash your hands in class.
- Handrails: When walking up and down stairs please **do not** touch the handrails, if you do as soon as you reach the classroom wash your hands.



Keep your distance

- Why do you think we need to keep 2M apart?
- If we sneeze what happens?
- What should we do?
- Droplets are emitted from our mouths and travel in the air.
- If we had the virus it could travel to someone else, therefore, we need to reduce risk by staying apart.



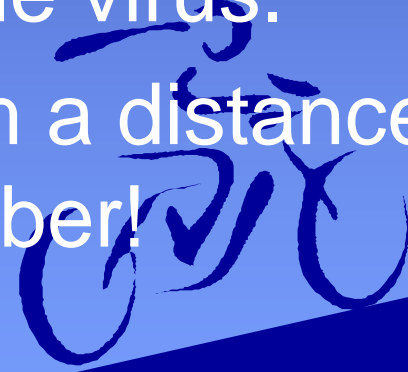
Respiratory etiquette

- What should we do when we have to cough or sneeze - any ideas?
- How would sneezing/coughing into our elbows protect those around us?
- It reduces the risk of the virus spreading.
- Why do we need to protect everyone?



Touching our faces

- Who knows why we should not touch our faces?
- The virus is contracted by droplets entering our eyes, nose or mouth.
- We need to remember this when we touch our faces to prevent the potential spread of the virus.
- We could remind our friends from a distance as sometimes it is difficult to remember!



PPE

Can I wear gloves and a face mask?

- We will not stop you wearing a face mask in school, however, if you do choose to wear one, it is essential you do not touch or fiddle with it. If you remove during the day, you will need to place it in the bin if it is disposable or if it fabric you will not be permitted to put it back on.
- Gloves – you do not need to wear gloves in school, you can bring antibacterial hand gel or wipes with you and there are, of course, sinks in classrooms for you to wash you hands at any point during the day.

Sharing Equipment

- On your tables you will notice you have a pencil case with all the equipment you need, your books and these are all in your tray.
- Any other resources you require will be given to you by a member of staff.
- If, for example, someone loses a pencil do not pick it up, or do not offer yours over. There is also no need for you to touch anyone else's books, trays and tables.

Break Times and Lunch Times

- Break time will be from 10.30 – 10.15.
- Lunch will be from 12 – 12.30
- All the adults in your class will be out with you at break time, and a dinner lady at lunchtime. If you fall, hurt yourself or feel unwell, you must tell one of the adults from your bubble. They will then escort you to the medical office, you must not go alone!



Lunch Time

- At lunch times, you will eat your lunch in the classroom. You will then need to make sure nothing is on the table – your tray, pencil case, water bottle etc. will need to go on the floor under your desk. This is so the site team can clean the tables with antibacterial wash ready for the afternoon.
- This is to ensure, no germs are passed to surfaces.



If you are feeling unwell...

- If at any point during the day you feel unwell, whether it is a headache all the way to feeling sick, you need to tell an adult in your bubble. They will then ring and someone from the Medical Office or a member of SLT who will come and get you and take you to the Medical Office.
- If you, or the staff in your bubble, show any symptoms of COVID-19, then the whole bubble will have to self isolate for 14 days at home before returning to school, even if you are now showing symptoms.