

Key Facts

- To think about how we feel when we lose someone important or something important to us.
- When a person is expected to act, speak or dress in a particular way because of some of their personal characteristics, this is called a stereotype. Stereotypes are over-simplifications and can be unfair.
- Everyone should be treated with respect regardless of their characteristics e.g. male or female.
- Sometimes there are problems during friendships and there are ways to resolve conflict in a respectful manner.
- We should treat others with respect when we play games on line and should only send private messages to people that we know in real life.
- People should ask for permission if they want to borrow something or to touch you (e.g. a hug).
- When you give someone permission, this is called consent. You can choose to give permission or not, and you can change your mind.
- Everyone has personal space around them and it is not socially acceptable to enter another persons space without their consent.
- We all have boundaries that we think are acceptable or unacceptable in our relationships with others.



PSHE

Year 4

Summer

Term:

Relationships

Vocabulary

| Word | Definition |
|-------------------|---|
| Relationship | The way in which two or more people or things are connected, or the state of being connected. |
| Emotions | A strong feeling such as joy, hatred, sorrow or fear. |
| Jealousy | A feeling of envy towards another person and what he or she has or can do. |
| Loss | Someone or something that is taken away. |
| Hopelessness | Having little or no hope. |
| Depression | A mood characterised by deep sadness or low spirits. |
| Acceptance | The act of accepting something that is given. |
| Negotiate | To bargain or come to an agreement with another person. |
| Compromise | A disagreement on which each side gives up something. |
| Consent | To give permission or approval. |
| Personal space | If someone invades your personal space, they stand or lean too close to you. |
| Personal boundary | Limits and rules we set for ourselves within relationships. |

Key skills and concepts:

Children will be able to:

- To recognise positive or negative emotions.
- To understand loss and knowing how people manage their feelings.
- To show empathy towards other people that are important to them.
- To identify both the positive and negative aspects of friendship.
- To recognise the impact of online bullying and knowing what to do.
- To know how to give your consent, or not, for another person to enter your personal space or touch you.
- To understand that people have different personal boundaries and that should be respected.

Key Questions

- How can I solve problems in my friendships involving jealousy?
- How do we feel when we lose someone or something important to us?
- What are the changes that happen in friendships and how can I recognise them?
- What is the impact of online bullying?
- What are personal boundaries?
- What is appropriate and inappropriate touch?

